

**A Merry Christmas
& Happy New Year**

SALTASH AND DISTRICT OBSERVER



December 2018 - Issue 321

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Saltash Alight for Festive Season

The seasonally festive throng that packed Fore Street joined in the countdown, and the river of lights illuminated the line of market stalls along the busy street. Christmas had arrived in Saltash once again, with all its promise of further festive fun.

Saltash Christmas Festival began mid morning with the closure of the street and the erection of the market stalls selling a variety of seasonal goods as well as food and drink. Crowds were already gathering as the throaty roar of motor cycles was heard and around two hundred red cloaked Santa's on bikes filled the street and paused briefly on their way to deliver presents at Cornwall's hostel for sick children.

Entertainment continued through the afternoon as the crowds built up again for the day's highlights. As an early December dusk fell on a mild and mainly dry afternoon the shops, most of which were all ready decorated for Christmas and some of which offered seasonal snacks and drinks were doing a brisk trade. The town's museum and time warp Elliots Shop also attracted many visitors.

Then Town Mayor Councillor John Brady joined Sheryll Murray MP; William Cotton President of the Chamber of Commerce and other distinguished citizens on the stage. Peter Ryland, Chairman of the Chamber of Commerce, which had organised the event, firstly announced the shop window winner. Mr. Cotton presented The Chamber Cup to West Country Embroidery. Another award, the winner of which was chosen by an earnest group of children from St. Stephens and Brunel Schools, went to Saltash Bookshelf and was presented to owner Tracy Hayton still dressed in elf costume having been all day working as one of Santa's helpers.

Mr Ryland paid tribute then to the late Bruce Reid who died early this year and who had largely instigated the Saltash lights. 'I hope he is looking down as the lights go on', said Mr. Ryland. He then handed over to Citizen of the Year Colin Bunting, young citizen of the year Aya Frank and Environmental Citizens Bob and Jackie Austin who together pressed the plunger to illuminate the town for Christmas.

This was followed by a carnival of light as a lantern parade to eclipse all others wound its way up the street led by the spectacular

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December 2018

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Wednesday 19th Open Mic

Fridays: Fri 14th The Breaks

Fri 21st Penguins

Fri 28th Roosters

Saturdays: Sat 15th Levens 4

Sat 22nd Lady Killers

Sat 29th The Jack

Mondays: Christmas Eve

Mon 24th Wireless

New Years Eve Mon 31st

Los Limpos (Ticket Only)

Seasonal Greetings

Town Messenger

Working for the People of Saltash

News from Saltash Town Council
Konsel an dre Essa



Education Department
Telephone: 0300 1234 101
Email:
schooladmissions@cornwall.gov.uk

Education Welfare:
Telephone: 0300 1234 101
educationwelfare@cornwall.gov.uk

Housing Department
Telephone: 0300 1234 161
Email: info@cornwallhousing.org.uk

Social Services Department
Telephone: 0300 1234 101
Email: children@cornwall.gov.uk

Social Services Department
Telephone: 0300 1234 131
adultcare@cornwall.gov.uk

Highways Department
Telephone: 0300 1234 222
Email:
customerrelations@cornwalllimited.co.uk

Transport Department
(Schools Transport)
Telephone: 0300 1234 101
(Bus Pass) Telephone: 0300 1234 222
Email:
schooltransport@cornwall.gov.uk

Roads, Transport and Parking
Telephone: 0300 1234 222
Email:
roadstransportandparking@cornwall.gov.uk

Waste Department
Telephone: 0300 1234 141
Email: [via contact form on website only](mailto:viacontactformonwebsiteonly)

Cornac Solutions
Telephone: 01872 323 313
Email:
customerrelations@cornactd.co.uk

Fly Tipping:
Telephone: 0300 1234 141
Email:
refuseandrecycling@cornwall.gov.uk

Cornwall Councilors – Cover such services as:
Housing - Education –
Social Services
Highways –
Waste and Recycling –
Tamar Bridge

Green Spaces - Town Takeover Prioritised

Green Spaces - Town Takeover Prioritised

The open spaces on Saltash's prized Waterside are to be devolved from Cornwall Council to Saltash Town Council, following the town's approval of the plan for transfer of these assets.

A working group of Town Councillors has been set up to meet with Cornwall officers in order to ratify proposals in preparation for Cornwall directors' approval. The Town Council will work closely with Cornwall on each priority going forward. Victoria Gardens, together with the Maurice Huggins Room, have also

been prioritised for Town Council takeover.

Following discussion within the council the decision was made to reduce to 'priority 2' the taking over of other open spaces, including the green verges around the town. This will not be proceeding for the present.

Your Cornwall Councillors

Saltash North
Sheila Lennox-Boyd

s.lennox-boyd@cornwallcouncillor.org.uk

Saltash South
Hilary Frank

hilaryfrank@cornwallcouncillor.org.uk

Saltash East
Derek Holley

derekholley@cornwallcouncillor.org.uk

Saltash West
Sam Tamlin

samtamlin@cornwallcouncillor.org.uk

Cornwall Councilors – Cover such services as:

Housing - Education –
Social Services
Highways –
Waste and Recycling –
Tamar Bridge

Christmas at the Guildhall

The Saltash Guildhall will be closed for staff holidays between Monday 24th December 2018 and Wednesday 2nd January 2019. All operational services will continue during the Christmas period.

Station Building Update

Following the submission of tenders for the refurbishment of the Station building, the council's sub-committee has agreed upon the main contractor. A letter of intent has been issued and it is envisaged that work on the building will commence during the first week of January 2019 when the property will be passed over to the contractor.

The Town Council has agreed to cover any funding shortfall during the project. This simply means that since those who had agreed to fund the works will normally pay on completion, the Town Council may be paying out in the interim and recover the money when work finishes.

We are currently looking at a twenty-two week period to complete phase one, meaning this phase should be complete by next June.

Report Anti-Social Issues

While it is not so much an issue as in other urban areas graffiti and other anti-social behaviour continues to occur around Saltash and to detract from the quality of life in the town. The 'Safer Saltash' campaign launched this year includes the tackling of such behaviour as among its priorities.

Incidents should be reported to the police through the 999 emergency number if witnessed while taking place. Otherwise the non-emergency number 101 can be used. If there is a delay in reply an email to the police will ensure that the incident is reported, recorded and included as a crime statistic.

Incidents can also be reported to Cornwall Council officer Lucy Allison on 01872 327731 or mobile 07483144141.

Your Town Council

Saltash North
John Brady
j.brady@saltash.gov.uk

Brenda Samuels
b.samuels@saltash.gov.uk

Bill Phillips
b.phillips@saltash.gov.uk

Garry Taylor
g.taylor@saltash.gov.uk

Saltash South
Sheila Lennox-Boyd
s.lennox-boyd@saltash.gov.uk

Sarah Martin
s.martin@saltash.gov.uk

Averil Pinckney
a.pinckney@saltash.gov.uk

Mark Fox
m.fox@saltash.gov.uk

Saltash East
Richard Bickford
r.bickford@saltash.gov.uk

Mike Parker
m.parker@saltash.gov.uk

Julie Rance
j.rance@saltash.gov.uk

Pete Samuels
p.samuels@saltash.gov.uk

Saltash West
Gloria Challen
g.challen@saltash.gov.uk

Jean Dent
j.dent@saltash.gov.uk

Steve Miller
s.miller@saltash.gov.uk

David Yates
d.yates@saltash.gov.uk

Mayor:
John Brady

Deputy Mayor:
Gloria Challen

Town Clerk:
Ray Lane
T: 844846
E: enquiries@saltash.gov.uk

Councillors telephone numbers can be obtained at the guildhall.

Saltash Town Council, The Guildhall, 12 Lower Fore Street, Saltash PL12 6JX
Tel.: 01752 844846 Email: enquiries@saltash.gov.uk Website: www.saltash.gov.uk

Discussions on Library Future

Further meetings have taken place between Town Councillors and Cornwall Council officers regarding the Town Council's takeover of the library planned to take place at the end of March 2019.

The Council is working closely with Cornwall to come to a decision as to the terms of the takeover. Concerns have been raised over ongoing maintenance costs. Discussions are going forward regarding the replacement and refurbishment of building items before the planned takeover date.

Free Parking for Christmas Shoppers

Those who choose to enjoy the festive flavour of Fore Street while completing late Christmas shopping and perhaps enjoying festive fare in our cafes, pubs and restaurants can park free of charge all day on Saturday 22nd December. Cornwall Council will make all the town's car parks free on that date.

Town Council By-Election

Mark Fox has been duly elected as a Town Councillor for the Saltash South Ward.

Concern for Those Homeless at Christmas

With the onset of Winter and with Christmas approaching there has sadly been an increasing awareness, of the number of individuals and families in the Saltash area facing homelessness. A number of homeless persons have approached the Saltash Baptist Church and fortunately for them accommodation has been found at very short notice.

The Mayor and the Baptist Minister Rev. Tim Parkman, have met and are hoping to work with other agencies and churches to put provision in place to support the homeless, not just at Christmas but in the long term.

A Christmas Message from the Editor... for the 27th Year!

In this season of goodwill for the twenty seventh time we on the Observer are once again happy to send compliments of the season to all of our advertisers, many of whom have supported us throughout the decades, and to all of our readers and friends in Saltash and district and indeed worldwide who enjoy their monthly Saltash Observer through our website.

May you all be filled with the joys of the festive season!
Your Editor Mary Crawford

Mayoral Points of View..

'Dear Resident,

The latter part of October and the month of November certainly tested my resolve, and the importance of having Council processes and procedures in place?

This period has shown a weakness, built on 'Custom and Practice' in our Council and recent events have highlighted this. Much has been made of the Mayor's 'decree' that there should not be a Remembrance Day Parade. I can state quite categorically this 'decree' was 'fake' information put on Facebook by RBL representatives. I have made a Formal Complaint to the RBL, and can confirm my complaint is being investigated at the highest level within the RBL and hope a resolution will have been made by the time you receive your Observer.

In October your elected Councillors brought a 'vote of no confidence' in me, your Mayor, elected by your Councillors. I was disappointed that personalities were drawn into Council business, and that a small group of Councillors chose to go down this route, without the courtesy of voicing their concerns before going Public.

This is now behind us, and Council need to go forward with a progressive plan for change, anchored to robust processes and procedures.

Jackie and I would like to wish all residents of Saltash a very happy Christmas and a prosperous New Year

Councillor John Brady
Mayor of Saltash

Town Messenger news is supplied by the Town Council

Seasonal Greetings from all at...
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Chamber Chairman Peter Ryland - Keeping us Updated...

Life as Chairman seems to be getting even busier with so many issues being dealt with.

At our monthly meeting in November we had Sheryl Murray as guest speaker and many of our members questioned her on matters relating to both short/medium term and long term proposals for the improvement of the A38, the rise in toll charges on the Tamar Bridge, business rates, Parliamentary boundary changes and, of course, the inevitable subject of Brexit. It was interesting to hear the different opinions of members relating to the topics.

At the meeting, I reported to the members that I had had a meeting with the Mayor re. car

parking charges. We had sent a joint submission to Cornwall Council following their offer of a free parking day in the build up to Christmas (this has now been confirmed as Saturday 22nd December). The Mayor and I also discussed the general issue of the cost of car parking in the town and subsequently I have attended a meeting with Cornwall Council relating thereto. There will be a consultation process this month throughout Cornwall so I would welcome any ideas so that I can respond in the consultation. I now have a copy of the charges made throughout Cornwall and for one, and two hour parking, Saltash fares favourably compared to most other towns in Cornwall but can

improvements be made? Please let me have any thoughts.

In other Chamber matters, I have agreed to host a meeting under the Safer Saltash initiative for the Police to talk about policies re. dealing with shoplifting. The meeting will be held at the Guildhall on the 8th January at 5 p.m. All shopkeepers and any other interested parties are welcome to attend. I am also dealing, at the request of the Mayor, on replacing the sign, that is visible from the slip road off the Tamar bridge, promoting the town centre. At the Town Council meeting on the 20th councillors approved the design, subject to actual wording, and it is hoped that planning consent can be obtained so that it will be in position in the New Year.

Finally, I would like to thank the people of Saltash for the positive feedback that the Chamber had as a result of organising the parade on Remembrance Day. 2018 has been a difficult year for Saltash with negative publicity but let us hope that 2019 we can all work together to benefit and improve the town and all those who live in and around it. May I take the opportunity on behalf of the Chamber to wish everybody a Merry Yuletide and a Happy New Year.



CORNWALL
COUNCIL

and our PL12 community

For Observer readers

Sam Tamlin

Cornwall Councillor for Saltash West

E: sam.tamlin@cornwallcouncillors.org.uk.



An innovative new project called Time Credits, which sees vulnerable individuals rewarded for volunteering in their local communities may soon be launched in Saltash as part of the new Safer Saltash partnership. This scheme has already been a success in South Wales as well as other parts of the UK and now Cornwall Council has launched its own version with the council's Community Safety Partnership and time-banking charity Tempo. The project launched in the Penzance area at the beginning of year and is now running in St Austell and Truro too.

Time Credits are earned by contributing time to voluntary and community organisations which can then be 'spent' on community, cultural and leisure activities. Saltash based organisations in the commercial, leisure and cultural sectors who are interested in joining the programme can elect to become part of this scheme.

Saltash Leisure Centre already accepts Time Credits which come in the form of vouchers, other places include the Cornwall Seal Sanctuary and the Minack theatre. As this national scheme has already been introduced in other places, other attractions also accept the same vouchers, for example the Blackpool Tower and St Paul's Cathedral.

You will be able to park for free in the Cornwall Council Car Parks in Saltash on Saturday 22nd December. The aim is to help people shop locally and support local businesses during the festive period. Town councils throughout Cornwall were asked to select the date for when their car parks would be free and Saltash Town Council selected Saturday 22nd December. There will be no charge in the car parks at Alexandra Square, Culver Road or either car park on Bellevue Road.

This year Christmas Day and Boxing Day fall on a Tuesday and Wednesday, if you usually have rubbish or recycling collected on these days your collections are going to change for these two days. Rubbish collections on the 25th and 26th will instead be collected on the 1st and 2nd January respectively. If you are also due to have your recycling or Garden Waste collected on Christmas Day it will instead be collected on Saturday 22nd December or if your collection is on Boxing Day your collection will be on Saturday 29th. Please do keep recycling though, recently published figures show that recycling rates for last year in Saltash are among the best in Cornwall. The west of the town recycled 32.2% of its waste with the rest of the town not far behind on around 28%.



Charity
Events
Welcome

*Wishing Everyone
A Very Happy Festive Season*

Entertainment Every Weekend

NOW! Every Sunday Night Karaoke

December 2018

Sat 15th Jaded Angel

Sat 22nd John De Barra (singer/guitarist)

Christmas Eve

Mon 24th Dellatones

Christmas Day

Lunch & Buffet 12noon - 4pm

Boxing Day

Wed 26th Low Profile 2pm - 5pm

Then! Vince & Kaz Disco/Karaoke

Sat 29th Voodoo

Monday 31st Dec

New Year's Eve Party with Mrs Jones (MH)

January 2019

Sat 5th The Adventures of (NEW)

Sat 12th Weazeldust - Rock 'n Roll

Sat 19th Stargazer - Glam Rock

so Glam up!

Sat 26th Vicious Kitten - luv'em

February 2109

Sat 2nd The Jefferson Archive

Sat 9th Gone South

Sat 16th THE FAB BEATLES (MH) Tickets

£5 Members

£10 Non members

Sat 23rd Rebel 47

March 2019

Sat 2nd 1st Revival

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Reach Out for Friends Livewire Advises

'Not waving but drowning,' wrote poet Stevie Smith in her memorable poem of the 'poor chap' who 'always loved larking and now he's dead.'

Saltash Livewire Youth Club has followed in her footsteps to remind one and all to think about their friends.

'If your mate's acting differently it could be a sign of a mental health problem' is the message that Livewire is putting out through printing it on a beer mat distributed around the town. Teenage boys and young men in particular are reminded that while they may act macho, they should watch out for

their friends and are asked 'Is there a mate missing around this table? Reach out to him'.

The Livewire campaign is in memory of Ed, much loved club member to whom a mass of floral tributes were dedicated outside the club following his passing.

It coincided with the club especially espousing its own programme to offer practical support to young people with mental health issues.

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Sunday 23rd December
& will re-open Monday 7th January 2019

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Christmas 2018 at the... THE CARDINALS HATT Christmas Day Menu

Adults £50 Children's meal £25
- Starters -
Prawn Cocktail, in a homemade Marie-rose sauce GFO
Ham Hock Terrine, served with pickles, baguette and apple cider chutney GFO
Goat's Cheese and sweet pickled onion Bruschetta with cranberry dressing
Celeriac Sage and Pear Soup, served with blue cheese croutons, finished with warm breads. GFO
- Main Course Carvery -
Traditional Turkey Breast, Slow Sirloin Beef, Gammon, Nut roast GFO
- Desserts -
Egg nog Crème Brulee with shortbread and salted caramel ice cream Baked Vanilla Cheesecake with cocoa nibs and strawberry compote Christmas Pudding with brandy cream sauce and confit orange
Assiete of desserts, a selection of mini desserts for the table To finish coffee/tea Mince pies

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Seasonal Greetings from Simon & the Team
Please inform the staff if you suffer from allergies or have dietary requirements or you are vegan or vegetarian and we will endeavour to accommodate you.

Photo by Mary Crawford



A stalwart crowd undeterred by high winds in the afternoon and persistent rain in the evening once again enjoyed Saltash's own special festival welcoming in Winter, 'Kalan Gwav'.
Warfelton field was again lined with stalls, many selling hot food and drink, as well as an outdoor market and bouncy castles close by.
The fun began with a magic show for the children followed by the thrills and spills of the Grand Wheel Barrow Race.
Kalan Gwav is largely centred around the traditional apple harvest and awards were given out for best baked apple dishes to Celia Kelly, Shojiro Frank and Jill Hudson.
A number of scarecrows had appeared in the town over the previous weeks and Finlay

went forward to collect the prize for that adjudged best, named Rock Star Junior. Brunel won the prize for the school scarecrow, while the award for best dressed wheelbarrow rider went to Bamabas Lindeyer.
Then followed what is becoming a Saltash tradition based on the ancient custom of wassailing the apple trees and the children joined eagerly in the Wassail Dance.
As darkness fell so, unfortunately, did the rain. However Simon and his Uncle Ned, undaunted as later did Irish Folk Rock Band Black Friday.
And fortunately the rain eased in time for the now large assembled crowd to enjoy what must be one of the finest and most prolonged firework spectacles in Saltash, the climax of the event.
All of this had been put on

by a very small number of people and we should especially thank our Young Citizen of the Year and her sister Aya and Emmie Frank for their unstinting work.
The praise in particular for the firework display was unstinting and was summarised by Scarlett, aged 8 who told us that she was 'out of my mind', while 5 year old Harry just added 'awesome'.

Saltash Celebrate in Style

Community Gets Into Seasonal Spirit

The friendly and festive community in and around Saltash comes together at Christmas in particular to ensure that all can share in the seasonal spirit.
While Fore Street filled with Christmas spirit on December 1st, the nearby church of St. Nicholas also celebrated in what is now a local tradition, with its 12th Festival of Christmas Trees. Continuing until 14th December once again the aisles and side chapels were lined with trees decorated by so many of our local clubs, organisations and businesses.



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Photos by Ian Robinson



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Waterside Petitions for Bunting to Stay

The bunting, which brightens the Waterside, and Waterfront area of Saltash should remain there throughout the year, local residents have requested.
Following an issue over its removal for the winter, 274 local residents signed a petition demanding that it remain.

During two recent heavy storms damage had been minimal, the town and waterfront leader advised the town's service committee. Just two flags were lost along the frontage of the Union Inn, fifty bulbs on the lights had been replaced and extra ties put on the bunting.

It was agreed by the services committee that the bunting would remain in situ over the winter on the basis that this was by way of experiment to see how it lasted, the issue would be subject to a review around next Easter.

It has since been pointed out that the bunting around Brunel and Jubilee Green has been blown down in November.

Festival and Regatta Gain Grants

The prestigious Saltash Music Speech and Drama Festival, which will be in its 29th year in January 2019, has been successful in its application for a grant from the town's Festival Fund. It was agreed to award the requested sum of £1,000.

The Saltash Regatta Committee, has also been nationally acclaimed also, received its requested award from the Town Council's Festival Fund of £2,288.40.

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Christmas Parties - Join us this Festive Season... THE CARDINALS HATT
The Team are busy preparing for Christmas 2018
From 27th Nov - 23rd Dec
Adults Festive 3 Course £22.00 Children 3 Course £13.00

Starters
Ham Hock Terrine, served with pickles, baguette and apple cider chutney GFO
Goats Cheese Fritta, with sweet red onion, beetroot crisp and herb salad
Homemade Soup, served with rustic roll GFO
Prawn Cocktail, in a homemade Marie-Rose sauce GFO

Main Course
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 Seasonal Greetings



Golden Wedding Celebrations

Five members of Saltash Rotary Club celebrated their Golden Wedding Anniversaries during 2018 and were recently treated by the Club to an afternoon tea at St Elizabeth House in Plympton.

Pictured left to right are David and Linda Oakes, Bill and Jean Phillips. Gerry and Sue Stevenson, David and Jean Willcocks, Brian and Evelyn Dwelly.

Beware of Needles by the Beach

The area around the ferry slipway should be approached with caution following the discovery of hypodermic needles on the foreshore. Saltash town and waterfront wardens have posted a warning that these needles, which may have been drug user related, have been found hidden in seaweed washed up on the tide. A special danger is to children tempted to go barefoot and to dog walkers.

Any such needles found should be reported to the duty warden on 07377682698 during normal hours or outside these hours to Cornwall Council 0300 12341000.

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Conundrum Corner

Taking the initial letters to the one-word answers to the following nine questions can you re-arrange them to make a Cornish place name?

- 1 In the Children's TV programme what type of building did Portland Bill live in? (10)
- 2 As applied to Wine what does "Brut" mean? (3)
- 3 What name is given to a Black and Yellow Beetle that attacks Potato crops? (8)
- 4 Which is the World's largest Peninsula covering 1.25 million square miles? (8)
- 5 In which section of an Orchestra do Tubular Bells, the Xylophone and the Glockenspiel belong? (10)
- 6 What was the nickname of the U.S. General Thomas Jackson? (9)
- 7 What was the Christian name of Mrs. Shelley's maid in the novel Uncle Tom's Cabin? (5)
- 8 What type of Bird is the emblem of the RSPB? (6)
- 9 In which English County will you find the Nature Reserve of Blakeney Point? (7)

Answers on Page 7

As this is the last set of questions before Christmas may I wish all readers a very Happy Festive Time and Good Health in the coming Year

SHERYLL MURRAY MP WRITES...

This month is being dominated by the Withdrawal Agreement and the Political Declaration that has been agreed between the Prime Minister and the European Union. The first thing we need to remember is that this Withdrawal Agreement will form a legally binding Treaty between the UK and the European Union and it is therefore of absolute importance to ensure the wording is right for our Nation.

The Political Declaration outlines our way forward towards any Trade Negotiation that we hope to get with the European Union. Having looked at the 500+ word document, written in what I describe as "Eurospeak", it is very clear to me that I cannot vote for this document when we have a meaningful vote in the House of Commons. There are far too many areas of concern for me to provide a comprehensive list in this column but I will highlight just some that I feel will be of concern to my Constituents.

Britain is signing up to be involved with the European Defence Agency, the European Defence Fund, the European Defence Industrial Development Programme and Permanent Structured Cooperation. This is in the Withdrawal Agreement and Political Declaration. All of these together are openly described by the EU as the beginnings of its military unification project - 'integration' which leads to the ultimate creation of 'a Common Defence' in just over five years' time.

Most of the provisions of the Northern Ireland backstop do not come into force until the end of the transition period. However, at that point and in the absence of an agreement between the UK and the EU to the contrary, the whole protocol will come into force and will require the whole of the UK to stay in a Customs Union with the EU - a Customs Union in which the UK has no vote on the tariffs to be charged, or on with whom to do or not to do trade deals, but will be obliged to follow the EU's tariffs at all times. A future Treaty obligation of this nature presents a very real possibility that the UK would be prevented from negotiation its own Free Trade Deals with non EU Nations.

Despite repeated claims by the Prime Minister that we are leaving the Common Fisheries Policy and her personal assurances to me that access to our fishing waters would not be used as a currency to buy into a Free Trade Deal with the EU, the Withdrawal Agreement and Political Declaration states otherwise. It is also useful to look at the little known third paper which sets out the EU intentions for future negotiations. This document entitles "Statements for the minutes" could not be more clear "As recalled in the Withdrawal Agreement, a fisheries agreement is a matter of priority, and should build on, inter alia, existing reciprocal access and quota shares. Such an agreement should be negotiated well before the end of the transition period."

President Macron has publicly said that he will veto any future Trade Agreement with the UK unless France is given the same access as it currently enjoys. The value of fish taken from UK waters by EU vessels is five times more than UK vessels take from the waters of other Member States. Europeans are not going to stop eating fish overnight, but prevented from taking this UK resource for free as has happened for years under the CFP the coastal towns UK could benefit from an increase in revenue.

I think President Macron has summed it up clearly. To agree a Treaty with a backstop that we cannot withdraw from in the hope that we can get a Trade Deal where the other side will hold us hostage to their demands is totally unacceptable that I cannot understand how any UK Prime Minister could even contemplate such a thing. Lastly in this festive period I would like to wish everyone in South East Cornwall a very Merry Christmas and a Happy, Healthy and Prosperous New Year.

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A Day to Remember as Saltash Commemorates Centenary of Peace

Saltash truly did remember them

From the thousands who packed Fore Street to fall silent at the eleventh hour and then applaud the parade, through the poignant ceremony when children recalled the 140 Saltash men who died in the Great War, to the Church service and evening concert, Saltash came together as never before to remember those who 'for your tomorrow gave our today'.

'Crowds such as Saltash has seldom witnessed estimated as between one and two thousand lined Fore Street on the Sunday morning as the town and the



Photo by Jill Hunt

nation fell silent for two minutes to remember in



Photo by Ian Robinson

particular that moment exactly a century ago when the guns on the Western Front at last fell silent after four years of slaughter.

Then bemedalled veterans were invited to join children and teenagers of the various youth organisations and the thousands watching burst into spontaneous applause as they proudly paraded down Fore Street to the Peace Garden.

One youth organisation was missing with very good reason. The Saltash Fire Cadets were paying their own special tribute with thousands from across Europe at the Menin Gate in Ypres.

In the Peace Garden Saltash paid its own special tribute to the fallen of World War I. One hundred and forty Saltash children came forward to each lay a painted pebble bearing the name of one of the 140 men associated with Saltash who lost their lives in the Great War, as two girls read out those names. Behind them the magnificent poppy carpet, made by local children, senior citizens and

others of all ages looked resplendent in the November sunshine beside the town war memorial.

Special guest Colonel Edward Dawes OBE spoke of the stones laid by the children, cold hard and heavy like the hearts of the mothers of those soldiers, but also solid and from which one could build.

Saltash also welcomed the Right Honourable Ann Widdecombe DSG who told of her ancestors who lived in Saltash over the centuries, her family who

ran a bakery in the last Tudor building to be in Fore Street before it was blitzed, and of her father whose war medals she proudly wore.

As the ceremony concluded the bells of St. Nicholas Church joined those across the nation in ringing out as they had a century before to mark the end of what was believed to be the War to End All Wars.

In the afternoon the Civic Service of Remembrance was held in St. Nicholas Church. The Mayor Councillor John Brady read the lesson and his Chaplain, Father Ian Hellyer preached the sermon. Wreaths were then laid alongside the memorial outside.

A memorable day of remembrance concluded with a special Centenary Concert in the Social Club by R Windband. Poignant and deeply moving hymns and other mood music alternated with sing-along, of the tunes that helped raise the spirits of the Tommies in the trenches in those days so long ago but which now seemed to strangely close.

Essa Files

This week I've been thinking a lot about mental health: partly because of a new study just out showing that young people are more worried about mental health than ever; partly because of the Bishop of Tonbridge's robust and laudable criticisms of those who label young people 'snowflakes' because of this; and partly because several dear friends of mine are currently struggling. I find myself helping to support people both personally and professionally through such struggles, but none of us is immune: last week for only the second time in my life I popped in to see a counsellor at a 'drop-in' session about something that was really playing on my mind, and thankfully it helped.

Unfortunately, many people have mental health struggles that need considerably more support than a brief chat with a professional, and the sad but undeniable truth is that they aren't getting it. The situation in Cornwall is particularly poor, and a lot of people find themselves waiting a very long time or, should they need residential mental health support, having to move a long way from home to get it. This is not acceptable - none of us would put up with a situation where a broken leg meant a two-hundred-mile journey or a six month wait for treatment - but nor is it easily fixed. A lot of schools and employers (in my case of course these are one and the same!) are picking up the slack in NHS provision in order to help people in their care, and that does help. A big injection of resources into public mental health would also help, but even this

wouldn't tackle the mental health crisis in society by itself.

So what would? Well understanding more about the causes would be a start: I for one don't believe that current generation are any less resilient than previous ones: I tend to think that it's due to the world getting ever more complex: more choice, more connections and more complexity are in many ways good but they are also more challenging and lead to more pressure and more stress. More positively I also think that some of the increased demand comes from increased awareness.

So what I think would help, and something we can all contribute to in our community, is shutting down the stigma. Depression is no more due to weakness than cancer is, and no easier to 'snap out of'. Attitudes that say 'you've got nothing to be depressed about' or 'just get a grip' are ill-informed and only make things worse: a hundred years ago they led to soldiers with PTSD being shot for 'cowardice'; today they still lead to long term depression, breakdown and often suicide. Furthermore we all have a responsibility to talk more about mental health, to look out others, and to argue for better resources: for those already struggling and for those who might struggle in the future, ourselves included.

Adam Killeya

Conundrum Answers:

Sandplace arranged the letters spell Eliza 8 Avocat 9 Norfolk Resurrection 6 Stonehall 7 Colorado 4 Arabian 5 1 Lighthouse 2 Dry 3

Saltash Inner Wheel

Saltash celebrated its change of Presidents in June with a Barbeque in the grounds of a local pub. The weather was kind and members provided lovely food, it was a very enjoyable get-together.

Our club donated to one of our local primary schools towards the planting of a Memorial Garden in memory of a pupil and his mother who were tragically killed in a car accident. President Linda attended a very moving service to open the garden.

In August 6 members went on a social outing to The Escape Room, which requires brain-teasing puzzles to be solved to escape the rooms. Lots of fun was had and they did escape!! Coffee followed and everyone had a truly enjoyable afternoon.

For our September meeting we invited Zoe from Children's Hospice South West who updated us on the continued good work of the charity.

In October we had a visit from Fran our District Chairwoman, we had a very relaxed meeting and enjoyed her company.

November we raised funds for overseas charities with a sales table, members have been making Christmas themed decorations and gifts to sell. We also decorated a Christmas tree in I.W. colours to be displayed with many others at a local church.

December we look forward to helping our Rotary Club on the Xmas sleigh. Our club will be having a social get together with Rotary at member Laura's home providing hot soup a roll and buffet at the end of the sleigh runs. Merry Christmas Everyone!

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
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Planning Application

'A planning application is to be lodged with Cornwall Council for the development of land adjacent to

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The proposals include a new hotel with leisure facilities, and extensions to the existing chalet accommodation.

As part of the planning process we are undertaking a public consultation.

To this end, the development proposals will be on display at

The Cardinals Hatt for the month of December. The public are cordially invited to view the proposals and to leave their comments, which will be duly recorded.'

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Tina Raised Funds in 'World's Most Idiotic Marathon'

Six times Tina Parker of 'Just Be' on Saltash's Waterside applied to run the London marathon and each time she was unsuccessful in the ballot. Determined to complete a run for charity she was informed, at a wine presentation evening in London, of the 'World's Most Idiotic Marathon' and immediately decided 'that one's for me'.

After passing the medical Tina was accepted for the Medoc Marathon, based around the French vineyards, and she began on a summer of intensive training.

Injury to both legs

While others were resting in the summer heat wave Tina was combining running a business with fundraising and putting in as much running as possible to train up for it. So much that she suffered injury to both legs and had to give it up for six weeks before painfully resuming training two weeks before the event.

She was determined to compete and raise funds for Invictus, the Cornwall based charity to support teenagers with mental health issues.

Came the day and she, with business partner Peter set off for Bordeaux for three days of fun and effort, pain and partying. The 8500 competitors were in costume with an 'Amusement Park' theme - Tina herself went in hooped skirt as a carousel. As they set off she looked all around as everything opened up as a 'snake of colour' with plastic ducks overhead in an azure sky. There were twenty-one wine stops along the way and as they passed through villages, locals seeing her cried 'Allez Tina!' Offering chocolates and cakes.

The last three kilometres were lined with food stalls. Despite these temptations and the pain in her knees Tina completed the run within six hours, ready to enjoy a ten kilometre chateaux wine

tasting walk the next day and a night of partying to conclude three hectic days.

Even more did she enjoy presenting a cheque for £2560 to Steve Cowburn, founder of the Invictus Trust? Following the tragic death of his 18 year old son Ben seven years ago Steve, whose business includes the 'Flying Start' nursery in Saltash has been raising funds to support mental health help for Cornish teenagers, many of whom have had to be treated in distant counties, and some alongside elderly and incurable patients.

'I carried out research into various mental health charities and chose Invictus as it was set up for personal reasons and has no paid staff, all money goes direct to those who need it', explains Tina.

Support young people

Steve, who came to Saltash to accept the cheque told the 'Observer' 'All our money goes to support young people in Cornwall. We run the Anchor fund to make payments to families whose teenagers are treated outside the county and have difficulties in visiting them. We have campaigned ceaselessly for a unit to be opened here and at last, in 2019; a fourteen bed unit in Bodmin will be available for 13 - 18 year olds. We are able to donate £50,000 to purchase a minibus and to help equip the unit, in particular to provide a cafe. This is much needed, my son used to complain when we visited that 'there is nowhere to go to be civilised'.

The Invictus Trust has



achieved part of its objective but will continue to strive for improved facilities, particularly now for 18-25 year olds. We look forward to reporting further on this Cornwall based charity and its progress in a forthcoming

'Saltash Observer'.
Meanwhile, when Tina came home she said of marathon running, 'never again'. Now she is saying 'possibly', while busy considering other fund raising ideas closer to home.

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Cry Out for Saltash

Saltash has been without a Town Crier for several years and a replacement is to be sought. From his appointment in 2007 well known local character Brian Whipp was a familiar sight in his custom made costume with bell loudly proclaiming local events as well as travelling widely competing, and frequently winning, Town Crier contests.

Although he is still to be seen around in pirate or in Sir Francis Drake costume he resigned the role of Town Crier in 2017.

Now Deputy Mayor Councillor Gloria Challen has been appointed to organise a competition to select a new

Town Crier with the Chairman of Staffing Committee Councillor Garry Taylor to be judge.

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