

SALTASH AND DISTRICT OBSERVER

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November 2020 - Issue 344

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Award for Heather

The Cornwall Civic Awards are presented annually to recognise and celebrate those special people in Cornwall who go the extra mile for their communities. Heather Wellington, owner of Piglets Haberdashery on Fore Street was nominated by Cornwall Councillor Sheila Lennox-Boyd to receive this Award, the highest that Cornwall Council can offer, and the Award Panel was unanimous in agreeing that Heather should be one of only 36 recipients this year.

Cllr Lennox-Boyd said: "Heather always makes a special effort to dress her shop window to mark national events or local festivals. When I go shopping in Fore Street I always check out her window – it is always different and always amazing! Heather's window displays give character to Fore Street, and that helps bring a vitality to our town centre."



Piglets is a real treasure trove, bursting with wool, buttons, threads and everything a crafter could dream of. In presenting Heather with her Award, Councillor Hilary Frank, Chairman of Cornwall Council, noted that Heather was also being recognised for the

excellent support she has given the community over many years acting as the selling point for tickets for shows staged by local drama and musical groups.

"Heather always has time to talk to her customers," said Councillor Lennox-Boyd

before adding: "that is one reason she has built up such a loyal fan base. Heather and Piglets have helped keep the heart of Fore Street beating and helped make our town a place where people can socialise as well as shop. Thank you, Heather."

New Treledan Plans Promise to be Greener and in Character

Developers have submitted fresh plans for the first stage of what was planned to be a 1000-dwelling development at Treledan. Outline planning permission to cover the triangle of countryside between the A38 and A388 was granted by Cornwall Council in 2017. The development includes a school, shops and light industry as well as footpaths and green space.

However, when Cornwall planning officers viewed detailed plans for the first 430 homes earlier this year, they rejected them as characterless and too densely packed. The brickwork was considered 'un-Cornish', and the affordable housing cramped and heavily contrasted with the other properties.

The developers have now attended further meetings with Cornwall Council as well as Design Review Panels and stated they have 'gone back to the drawing board'. They now accept the need for dwellings to be orientated to front on to the woodland north of the A38, the integration of the dwellings with the proposed open space areas, and a reduction in the perceived dominance of the private car.

New plans are 'greener', showing increased cycle and pedestrian links and retention of more of the ancient hedgerows. Previous criticism of overcrowding has led to increased garden size and dispersing the affordable houses across the entire site. As a result, the Phase 1 development plans show a reduction from 430 to 390 dwellings.

Following criticism that the original plans did not offer 'a high-quality gateway to Cornwall', developers claim that building materials now reflect a strong Cornish style, inspiration being drawn from historic and recent local development, while the style will be appropriate to the immediate area.

Work on the access roundabout north of the Waitrose roundabout, the spine road to the school land, as well as drainage is intended to commence at the end of this year. The developers hope that the revised plans for Phase 1 of the housing development will be approved early next year, by which time

construction on the access road will be underway and building work can start shortly after. The work will offer local employment opportunities, and some apprentices will be working on site, giving local young people career opportunities as the major development gets under way.

A Window Wonderland

In Saltash
A Magical
Outdoor Art
Gallery

5th, 6th & 7th

December

See page 3 for details



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Saltash
Remembered
Them
See Page 5



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Late Night Opening

Friday 4th December (Window Wonderland)

Thursday 10th & 17th December

Christmas Cheer Boxes

Do you know someone in Saltash who deserves some Christmas cheer?

Nominate a neighbour, friend or relative; use the contact details below.

We are also taking donations at our Community Hub of small gifts & Christmas treats to put in the boxes.

Let's make someone smile!

01752 848340 hub@cep12.co.uk www.CEPL12.co.uk CEPL12

Community Enterprises PL12 | 4 Fore Street | Saltash | PL12 6JL

Town Messenger

Working for the People of Saltash

News from Saltash Town Council
Konsel an dre Essa



Education Department
Telephone: 0300 1234 101
Email: schooladmissions@cornwall.gov.uk

Education Welfare:
Telephone: 0300 1234 101
educationwelfare@cornwall.gov.uk

Housing Department
Telephone: 0300 1234 161
Email: info@cornwallhousing.org.uk
Social Services Department
Telephone: 0300 1234 101
Email: children@cornwall.gov.uk

Social Services Department
Telephone: 0300 1234 131
adultcare@cornwall.gov.uk

Highways Department
Telephone: 0300 1234 222
Email: customerrelations@cornwallimited.co.uk

Transport Department
(Schools Transport)
Telephone: 0300 1234 101
(Bus Pass) Telephone: 0300 1234 222
Email: schooltransport@cornwall.gov.uk

Roads, Transport and Parking
Telephone: 0300 1234 222
Email: roadstransportandparking@cornwall.gov.uk

Waste Department
Telephone: 0300 1234 141
Email: via contact form on website only.

Cormac Solutions
Telephone: 01872 323 313
Email: customerrelations@cormacitd.co.uk

Fly Tipping:
Telephone: 0300 1234 141
Email: refuseandrecycling@cornwall.gov.uk

Town Messenger news is supplied by the Town Council

Your Cornwall Councillors

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Saltash West
Sam Tamlin
sam.tamlin@cornwallcouncillor.org.uk

Cornwall Councillors – Cover such services as:
Housing - Education – Social Services
Highways – Waste and Recycling – Tamar Bridge

From the Mayor of Saltash

Dear residents of Saltash,
As I begin to write this column, there is news that the longed for vaccine against Covid-19, may soon become a reality.

We can hopefully begin to dream about getting back to some degree of normality, although I suspect it may take some little while to achieve anything near complete normality.

Time then, to look ahead at what we might be able to achieve in 2021. Will we be welcoming the return of May Fair to the Town, looking forward to Regatta, planning for Christmas next year? Will we be able to pay our respects to the brave men and women who paid the ultimate price for our freedoms, by holding a full Remembrance Day Parade and service? I do very much hope so.

Remembrance Sunday 2020 was a much lower key than usual, no Parade, but a limited number of guests attending a two minute silence and wreath laying at St Nicholas and St Faiths, followed by a further two minute silence at the Waterside. Flowers were thrown into the water near to where many brave souls departed Saltash for the last time, before going off to fight for our Country and our freedoms. Not a traditional part of Remembrance Sunday in Saltash, but perhaps something that might be repeated next year?

Saltash Still Succeeded in Remembering the War Dead

Although it was a Remembrance Sunday unlike any other Saltash did indeed remember. Fore Street had already been bedecked with British Legion flags, with poppies and crosses in the planters. Many of the shops, though closed for the November lockdown, had poignant Remembrance window displays.

Residents throughout the town, discouraged from coming together in an Act of Remembrance, followed suggestions to come out of their homes, as they had earlier in the year in support of the NHS, but this time to stand in silence for two minutes at 11 a.m.

Meanwhile, a scaled-down and socially-distanced ceremony was held in the Peace Garden outside St. Nicholas Church. Instead of the church service and Parade, which normally includes all from war veterans to pre-teen and teenage Scouts, Guides and Cadets, a few came to join the Mayor, Mayoress and Deputy Mayor for a short but poignant open-air Act of Remembrance. A bugle played, albeit recorded, the British Legion standard was lowered, and wreaths were laid on the town's war memorial by the Mayor, Deputy Mayor, Chairman of Cornwall Council (Councillor Hilary Frank) and Councillor Sheila Lennox-Boyd, on behalf of Sheryll Murray MP.

Then the Mayor and Mayoress, Councillors Pete and Brenda Samuels, with some other councillors and others went to the Waterside where the two-minute silence was observed. The Mayor and Mayoress scattered a few



The two minute silence at 11 o'clock on 11th November, was held in a different location, being moved from outside the Brunel, to the Peace Garden where social distancing could be observed. My thanks to the RBL for organising this, against a backdrop of ever changing regulations.

Going back to our hopes for 2021 and what might be achieved. We have a talented Town Team, consisting of Town Councillors, County Councillors, Chamber of Commerce and Community Enterprise PL12, who are working on some exciting projects to both improve our Town and to help return our local businesses to the normality we all crave. My sincere thanks to the Town Team for the combined efforts and hard work they are putting in.

With the government allowing libraries to operate a reduced service I am pleased to

confirm that Saltash library remains open to the community offering a click and collect and limited advance booking computer-scanner use operating, Monday, Tuesday, Thursday and Friday 10am to 4pm and Saturday 10am to 1pm. We look forward to continuing to welcome our customers at the library.

Don't forget to have your say returning your library public consultation leaflet to either the library, Guildhall or via the website

<https://www.saltash.gov.uk/library-public-consultation.php> by 21st December 2020, we want to hear from you.....

I am also pleased to confirm that the Guildhall continues to provide support to the town by means of telephone and email Monday to Friday 9am to 5pm. Telephone: 01752 844846 Email: enquiries@saltash.gov.uk

Our Service Delivery Team continue to work hard to help



keep Saltash within guidelines of the Covid-19 regulations and the community safe.

As Christmas approaches, it may not be quite the same as previous years but I do hope that when out and about, you enjoy the Town and Waterfront Christmas Lights and also the

Window Wanderland designs that many residents and traders have participated in, brightening up the Town during the darker days.

There are many fantastic shops in the high street albeit some currently closed due to the latest government guidance, but

many are offering online click and collect or take-away services, please do support the high street now and in the future, I am sure it will be much appreciated. In the meantime, please stay safe and keep well.

CLr. Pete Samuels
Mayor of Saltash 2020/21

Your Town Council

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David Yates
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Mayor:
Pete Samuels
Deputy Mayor:
Julie Rance

Town Clerk:
Ray Lane
T: 844846
E: enquiries@saltash.gov.uk
Councillors telephone numbers can be obtained at the guildhall.

**Saltash Town Council, The Guildhall, 12 Lower Fore Street, Saltash PL12 6JX
Tel.: 01752 844846 Email: enquiries@saltash.gov.uk Website: www.saltash.gov.uk**

Due to Covid 19 Lockdown

See New Dates for

The Christmas Tree Festival

At SS Nicholas & Faith Church Saltash

December

Sat 5th Dec and Sat 12th Dec
Sun 6th Dec and Sun 13th Dec
Mon 7th Dec and Mon 14th Dec
Tue 8th Dec and Tue 15th Dec
Wed 9th Dec and Wed 16th Dec
Thurs 10th Dec and Thurs 17th Dec
Friday 11th Dec and Friday 18th Dec

**- LOST RING -
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Lost Tues 17th Nov
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Photo Ian Robinson

Meet Your Councillor

**Councillor Julia Peggs
North Ward Saltash**

Julia and husband Geoff have lived in Saltash for 30 years, her maternal family originated from Saltash and were fishing folk from the Waterside, so she says she feels she has 'come home'. They have two grown up sons, one who runs his own business in New York and the other a Teacher.

Becoming a Town Councillor after retiring a couple of years ago, Julia has run her own businesses, but originally trained as a nurse, therefore understands compassion, dedication and respect for people, values she likes to lead her life by.

A volunteer with Livewire, Julia also volunteered with Community Enterprise PL12 and is now a Director with the organization. She also volunteers at Abbeyfield assisted living in Saltash.

Julia is a supporter of our Fore Street traders and also campaigns for Saltash to have Plastic Free status. Julia led the community bunting project this year and kept many people busy sewing during lockdown. She says "I was so proud of



everyone who contributed to the bunting and to see their efforts in Fore Street was amazing.

A supporter of many charities, local and national, she has five times walked 26 miles at night in her decorated bra, in London and Edinburgh for Breast Cancer fundraising and has also taken part in many other charity walks and other fundraising events.

In her spare time, Julia sings with Rock Choir, does Pilates, enjoys Country walks and gardening with Geoff, travelling and best of all spending time with her many supportive friends and family.

Julia can be contacted via the Saltash Town Council at www.saltash.gov.uk

New Chairman for Chamber of Commerce

An interview with
New Chair of
Chamber of
Commerce



The Saltash Chamber of Commerce has a new Chair, after a unanimous vote at the Chamber's AGM in October. Sarah Martin picks up the gauntlet of running Chamber for the coming year from Peter Ryland, who is standing down as Chair but will still be active in his new capacity as Vice Chair.

What prompted you to stand for Chair?

Well, I've been actively involved in the Chamber since becoming a member two years ago, driving forward with projects and volunteering for the committees that organise the Christmas Festival and May Fair. I've been Vice Chair for the last year under Peter's excellent leadership. I've learned a lot from him, so I'm very pleased that he has agreed to stay on as Vice Chair!

What is your background?

My professional background is in communication - I've worked in Marketing and PR here and for many years in Germany, including a stint in local journalism and TV. I've worked for the local NHS as Communications Manager of community health services in Cornwall for a number of years, and settled in Saltash in 2005. Both of my children now attend St Stephen's Community Primary School, but when they were babies I took on the lead role at the local breastfeeding peer support group. That's where my journey as a community volunteer started, I think. I'm passionate about doing my bit to make a positive difference in the town and have been a volunteer member of other town groups, too, including the Town Regeneration Forum and the Saltash Regatta, helping to promote the Regatta both to local media and via social media online. I got elected to Saltash Town Council in October 2018 and am keen to bring Chamber insight to the Town Council's business.

How much is membership?

Recognising the hardships that businesses are currently facing, we have agreed to make membership free for the year ahead. We are affiliated to Cornwall Chamber, which

brings plenty of membership benefits.

What is your vision for the Chamber?

My number one priority is to support businesses as they emerge from the Coronavirus pandemic. The Chamber is taking an active role in putting plans together to help the Fore Street recovery from each lockdown, and we will continue to offer any support needed to help businesses grow, whether through pushing schemes such as the Kickstart scheme offering government funding for apprenticeships or signposting events and webinars. Our motto is 'Here to help...' and we will be here for our members and the wider business community.



With a growing variety of businesses choosing Saltash as their base, my long-term vision is to increase the Chamber's profile as a prominent and influential part of the community, and make it in to an even more dynamic forum where Saltash businesses can express their aspirations for themselves and the town as well as get involved in decision-making around town events and town vitality.

To deliver this, I will be working hard to raise the profile of the Chamber, increase the membership numbers and support business on the industrial estates as well as the town centre. Together in partnership with Saltash Town Council, Cornwall Council and the CIC I will work to promote Saltash as a destination - the first stop in Cornwall.

A Magical Outdoor Art Gallery



A Celebration of Community...

Guides are cleaning the windows of their Headquarters at Warfelton, pupils in primary schools are busy cutting out silhouettes and Saltash Scrapstore is giving away bundles of craft paper.

These are just some of the hundreds of people excitedly getting ready for the first Saltash Window Wanderland, a Covid-friendly event being organised by the Saltash Chamber of Commerce that will create a magical outdoor

art gallery in the dark nights of the first weekend of December.

The Chamber is inviting residents to make a scene using paper to display in an upstairs or ground floor window in the evenings of 5th, 6th and 7th December.

There are no restrictions or rules about the design - it could be a simple candle or a full Nativity scene. Windowmakers go online to register their address, which then creates an interactive map for people to wander around the 'outdoor art gallery' in that first weekend of December. Local artist Jill Hudson has created tutorials bursting with tips and inspiration that can be viewed at the Saltash Christmas Festival Facebook page.

Volunteer organiser Hilary Frank said: "There are no prizes for 'the best window' as this is a celebration of community, not talent. We are really hoping it will be a magical way to connect people in these disconnected times."

Taking part is free as a Windowmaker or a Wanderer. There is no deadline for registration, but the earlier you add your address to the map, the sooner Wanderers will know which route to take. Register or view the map at: www.windowwanderland.com/event/saltash-cornwall-2020

Hopper Bus Shopping Service to Restart

Community Enterprises PL12 is to restart their regular Hopper shuttle bus service taking shoppers to Saltash Retail parks and Tamar View Nurseries via the Fore Street. The Shopper Link which was forced to close at the beginning of the first lockdown, will be up and running again from Wednesday 2nd December. With scheduled pick-up points starting in Latchbrook at 10am the bus picks up from Forder, North Road, Fore Street and Pounds Park taking shoppers to their destination and picking them up approximately an hour and a half later. Each return journey costs just £3.

The Hopper Buses are fully Covid compliant and we ask all users to wear masks and sanitise hands before coming on board. Only 8 shoppers can be taken at one time so book early to avoid disappointment.

Exact details of the route can be found on the Hopper Bus Facebook page or by contacting the hub at 4, Fore Street on 01752 848348 or email hub@cep12.co.uk. Spaces will need to be booked on the buses in advance and details stored for Track and Trace purposes when booking.

Only CIC members will be able to use the service. Not a member? Then contact us, and join today free of charge



Observer Tel Nos
07971484872 or
01579 345699

Help Spread Some Community Christmas Cheer

It's been a pretty fraught year this year; so, we're asking you to help us make a community-wide effort to spread a little bit of much-needed Joy this Christmas!

Our brilliant team of Volunteers at Community Enterprises PL12 is putting together 100 Christmas Cheer boxes, bursting with things that will bring a smile to someone's face.

We're asking for nominations; if you know someone who deserves a surprise Christmas box, please get in touch.

It might be an elderly neighbour living alone, a friend who's been there when you really needed them, or a relative who's helped you cope with financial pressures, furloughing, or looking after children during lockdown. Or maybe it's a teacher who's gone that extra mile for their students; a key worker who's worked tirelessly, or someone who just needs to know that someone is thinking of them. We all know someone who deserves a nice surprise.

Our volunteer Directors will sort through the nominations; it will be a tough job deciding who receives a Christmas Cheer

Box. Our Volunteers will be hand-delivering them in the days before Christmas.

We're also asking for small donations to put in the boxes; Christmas treats like Christmas cake, chocolates or biscuits (Please remember that many of the boxes will be going to people living alone, so small items would be better than large ones); small gifts; new gloves, scarves or hats; Christmas crackers.

Donations can be dropped off at our Community Hub during normal trading hours of Tuesday-Saturday 10 - 2.

Nominations should be in writing, to reach us before Friday December 11th. Email us at hub@cep12.co.uk or deliver your nomination to the Community Hub, 4 Fore Street.

Thank you for helping to make this a Community Christmas to remember, and helping us spread some Christmas Cheer.

Jo Baskott
Chair
Community Enterprises PL12

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Salting in Saltash

The clocks have gone back and winter is in the air. This means that Cornwall Council's winter service has been put on standby with a fleet of 28 gritter trucks, operated by Cormac, ready for action to help keep residents moving when the roads start to freeze.

We use salt (commonly known as "grit" when spread on the road) to lower the freezing point of water in frosty conditions. This stops ice forming and reduces the possibility of skidding, or more serious road accidents. Around 15,000 tonnes of salt is stored at seven locations across Cornwall.

Salting is usually done before freezing occurs. Weather forecasts often predict near freezing temperatures with rain, hail or sleet showers. These showers can wash the salt from treated roads and leave them prone to freezing, so getting the timing right for salting is a complex task. Cormac's staff monitor the weather conditions throughout the day and night, liaising closely with expert weather forecasters specifically employed for this task, monitoring temperatures, and analysing information from 22 road sensors across Cornwall. The Cormac crews are on 24-hour standby, including on Christmas Day, ready to spring in to action.

It takes around three hours to treat each of the Council's 25 salting routes, which cover around 1,420 km (883 miles) of the road network and include the most heavily used A and B roads in Cornwall. Between them, these roads carry around 80% of daily traffic. Cormac also salt the roads to key sites such as hospitals, minor injury units, fire stations, bus and railway stations and secondary schools.

There is an interactive map on our Cornwall Council website showing which routes will be treated when the weather forecast indicates there will be freezing conditions. You can view the whole network across Cornwall, or enter a postcode or street name to view which roads will be salted in Saltash. www.cornwall.gov.uk/gritting.

To report urgent emergencies of ice or snow on the road resulting in hazardous conditions, telephone 0300 1234 222 (24-hour service).

Tips Remain Open

All Cornwall Council's Household Waste and Recycling Centres (HWRCs), including the one in Saltash, will remain open during this second lockdown period.

To help maintain social distancing and protect staff and other site users, we will continue to operate the number plate entry system to limit the number of people at the sites at any one time. If your vehicle registration plate ends in an odd number, we ask that you only visit HWRCs on odd days of the month e.g. 1st or 5th. If the last number is even, please only visit the HWRCs on even days of the month e.g. 2nd or 6th.

If there are long queues and you try to enter the site on the wrong day, you may be turned away.

It's OK to Not Be OK

As the lockdown continues, the nights draw in and many of us remain separated from our friends and families it's not surprising that there has been a rise in the number of people experiencing anxiety and depression. These are extraordinary times and it's OK to not be OK.

To help, Cornwall Council has partnered with health and social care providers across Cornwall and put together a list of resources that are available to support anyone who finds themselves struggling with their mental health, feeling suicidal or affected by suicide. You can find the resources by visiting Cornwall Council's website at www.cornwall.gov.uk and searching for mental health, or you can call the Cornwall NHS 24/7 mental health support line on 0800 038 5300.

Food For Thought

A fleet of new road sweepers, rubbish and recycling lorries is being rolled out as Cornwall Council enters a new 8-year contract with Biffa. The new vehicles are more environmentally friendly than the existing fleet and include the latest technology, allowing individual vehicles to be more responsive to individual collections.

The new eight-year contract covers refuse, recycling and bulky waste collections as well as cleaning of beaches and public open spaces. From March 2022 there will be a phased transition to a new household service of weekly food collections and fortnightly rubbish and recycling collections.

Two of the central aims of the new contract are to promote recycling and minimise waste. The percentage of household waste sent for reuse or recycling is still too low in Cornwall: in 2018/19 we were ranked 234 out of 345 local authorities. Here are some local statistics:

	Kerbside Recycling Rate (including garden waste)
Feock & Playing Place (highest in Cornwall)	41.59%
Landrake with St Erney	28.1%
Saltash	26.6%
Landulph	23%
Camborne Trelowarren (lowest in Cornwall)	15.43%

Most top-performing local authorities in the UK already operate a weekly food waste and fortnightly rubbish collection, and we are confident this change will significantly improve recycling rates in Cornwall. In the

meantime, we ask that everyone thinks about how much they throw away and recycle as much as they can.

Over the first lockdown we got in to the habit of saving leftovers and writing detailed shopping lists containing only what we needed. All of this meant we ended up throwing away a third less food compared to other times – good for our purse as well as our planet. We need to embed these good habits going forward.

In Saltash, we are fortunate to have dedicated community groups, food outlets and schools who are working together to minimise food waste and trying to ensure no-one in Saltash goes hungry. Visit Cornwall Council's website and search for Waste Prevention for resources on topics like food waste, positive shopping and reusable nappies to support you in playing a more active role in minimising waste. You'll also find a link for purchasing low price compost bins and water butts.

Help Save Lives

Cases of Coronavirus have started to increase in Cornwall as a whole, but data analysis by Cornwall Council's public health specialists shows that cases in the east of the county are higher on average than in other areas of Cornwall. There has been a marked rise all along the border but especially in Saltash, Liskeard, Launceston and Torpoint.

One of the most worrying aspects is that we have seen a change in the types of cases: in past months, Covid-19 cases had been linked to workplaces or care homes where there are containment measures in place to help stop the spread, but in the past few weeks we have been seeing general community transmission, where the virus spreads from household to household, between family members and friends. The virus spreads really easily this way, and is harder to contain.

Dr Ruth Goldstein, Cornwall Council's Deputy Director of Public Health said: "We need everyone to be really careful and help us put the brakes on the spread of the virus before it travels further."

Dr Goldstein went on to say: "We need to be really strict on regular hand washing when coming back home. Don't reuse face coverings - make sure they are washed or disposed of after every use. If someone in your house tests positive, please keep your distance if possible. Anyone who tests positive must self-isolate, along with all members of their household, whether they have symptoms or not. Please try to avoid sharing beds, crockery and towels to help avoid the virus spreading around the whole family."

Cornwall Council's Public Health team is working tirelessly to help contain the virus, but stopping its spread takes a collective effort. Please wash your hands, keep your distance, wear a face covering, and if you or anyone in your household has symptoms, self-isolate and get a test. These simple measures can and will help save lives.

For up to date information on the rules and guidance visit www.gov.uk or www.cornwall.gov.uk. Or send Covid-related questions to Cornwall Council's dedicated email address covid19@cornwall.gov.uk.

Financial Support

Residents who are receiving certain benefits, are unable to work from home and are told to self-isolate can now apply for a £500 government Test and Trace Support Payment. The scheme is designed to help ensure people who have tested positive for Covid-19 will self-isolate to help prevent the onward spread of the virus. Anyone having difficulty applying online can call Cornwall Council on 0300 1234 121 (option 5).

Parents who think their child may have become eligible for Free School Meals in recent months can apply via a simple process on Cornwall Council's website. We will respond within three working days to let you know the outcome.

Check your eligibility and apply online at www.cornwall.gov.uk/schoolmeals. If you are unable to apply online, call 01872 323298 and a member of the Free School Meals team will call you back to complete the application over the phone.



Cllr Hilary Frank:
hilary.frank@cornwallcouncillors.org.uk



Cllr Derek Holley:
derek.holley@cornwallcouncillors.org.uk



Cllr Sam Tamlin:
sam.tamlin@cornwallcouncillors.org.uk



Cllr Sheila Lennox-Boyd:
sheila.lennox-boyd@cornwallcouncillors.org.uk

Useful Contacts

- Cornwall Council's COVID-19 information page: www.cornwall.gov.uk/coronavirus
- Queries relating to Coronavirus: covid19@cornwall.gov.uk.
- Cornwall Council's Helpline for advice on employment: 0333 0150699
- To book a Coronavirus test: www.nhs.uk/coronavirus
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- To report a water leak, ring South West Water: 0800 230 0561
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Online Fitness for Older Residents

Across the country, the number of people classed as 'inactive' or doing less than thirty minutes of activity per week saw an unprecedented increase of over 3 million to 11.8 million during the first lockdown, according to the latest Sport England Active Lives survey. Older residents who become less active or who spend time in hospital may start to lose confidence in their mobility and become more prone to falling.

'Move More Reimagined' is a fitness programme being funded by Cornwall Council designed by exercise therapists and health professionals to support elderly people who would like to build up their activity levels again in a safe and controlled way. The classes are also suitable for people who may have tripped or fallen, or who use a walking aid.

It is run by community organisation iCareiMove in partnership with organisations like Cornwall Council and Age UK Cornwall. A client from Penzance said: "I don't think the hip replacement will happen for a few years now. My pain has reduced and my mobility has increased. I can even walk up the stairs without holding on." Another client from Liskeard said: "I'm using the techniques I learned to get in and out of bath unaided."

Find out more by contacting Age Concern on 01872 266388 or sending an email to info@icareimove.com.

Test and Trace support payments

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cornwall.gov.uk/coronavirus



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Saltash Remembered



Pictured above, The early morning GWR 'Poppy Train'

On the 11th day of the 11th month, it was my humbling privilege to present a poppy wreath on behalf of Cornwall Council at the early morning GWR 'poppy train'. With many Armistice Day events cancelled as a result of the second lockdown, GWR had worked with the Veterans Charity to co-ordinate this poignant event that enabled people from across the region to pay their respects. Altogether, nine poppy trains carried more than 100 wreaths to the War Memorial on Platform One at Paddington Station. The chilly solitude of the train station in the sharp darkness of early morning lent a sombre, reflective mood that was also startlingly uplifting.

At Cornwall Council in other years we have gathered at the World War II Memorial Plaque in County Hall to pay our respects. This year as Chairman I led an online Act of Remembrance, showing scenes of poppies at Pentire Head and reading words from that World War II Memorial Plaque using a photo I'd taken of it before we entered the second lockdown. I was joined online by just over 1,500 people, each of us observing the two-minute silence in our own homes across Cornwall, but bound together in our reverence and gratitude.

The World War II Memorial Plaque in County Hall was engraved in the spring of 1946, and I'd like to share some of the moving words on it with you:

That this Council do especially thank God for the sons and daughters of Cornwall who went with a joyful spirit and a quiet mind whithersoever their duty called them, whether to do battle with the enemy by sea, on land, or in the air; or to keep watch and ward over the homes of the people; or to labour in the fields and the factories for the common weal. Who faced all perils unafraid, and patiently endured all hardships and weariness for the love of their native land and the service of a righteous cause; whose hope was steadfast in the day of disaster; who were found faithful even unto death.

That this Council do acknowledge with reverence and pride that under the providence of God the thanks of the people of Cornwall are principally due to those of their kindred whose lives were freely given that others might receive the inheritance.

This has been a most disjointed of years, and with so many people working from home it was more important than ever to connect with each other through this Act of Remembrance, to take inspiration from the way previous generations have coped with adversity, and to remember that such testing times always come to an end.

Please continue to take care of yourselves and each other.

Forder Village Tribute to the Fallen

Taken at the source of Forder Creek
Photo by Bryan Baker



Girlguides Remember

Saltash District Girlguides have been continuing with unit meetings using virtual media since March 2020, and volunteer leaders have managed to deliver a varied programme of activities and adventures in the girls' homes instead of in the Headquarters at Warfelton.

This has included a number of innovative ways to commemorate the annual Remembrance. The girls have really appreciated projects such as laying hand-painted pebbles on war memorials, making fabric poppies and drawing poppies to display in their windows.



Care Home Praised for Poppy Display for Remembrance Day

Saltash care home has been praised for their touching poppy display to mark Remembrance Sunday. Anchor's St Anne's care home, on Plougastel Drive in Saltash, produced a wonderful display of poppies on their fence spelling out "Remember" which received praise from local members of the public. The poppies were specially handcrafted by the team and put on display in honour of those who served.

Along with the display, the team at St Anne's also organised several other events in honour of Remembrance Sunday. The residents watched the Service at the Cenotaph, observing the two-minute silence and then raised a glass to all those that had fallen. In the afternoon the residents undertook Remembrance 'Arts & Crafts' sessions.

Resident Mafalda Viati-Jones, age 92, who has lived at St Anne's for nearly three years, was keen to say how much she had enjoyed the display and taking part in the events. Mafalda is a keen artist, who also wrote a poem to mark Remembrance Day. She said: "It was great fun and I'm glad people were able to enjoy it from outdoors. It means a lot to me to be



involved in creating something special to remember those who gave their lives for us."

Neil McCalley, Home Manager of St Anne's, said: "We always like to organise something special for Remembrance Day. This year more than ever we felt it was important to do something to remember those who served, and although we weren't able to take part in public events we tried to do what we could for our residents by organising our own events."

Abbeyfield Saltash

Before observing the two-minute silence, residents of Abbeyfield Saltash, Cresta House listened to fellow resident Bill eloquently reading 'In Flanders Field' followed by a verse from 'The Fallen'.

Residents enjoyed singing along to war time songs and had a traditional meal of spam fritters and jam roly poly. They signed a wreath, which has been placed at the Saltash War Memorial.



All About The Shoes

Richard & Theresa

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Letter to the Editor

Dear Editor
 Saltash Town Council (STC) proports to be consulting on proposals to take a Government loan to repair and redevelop the library building, which we will pay for over the next ten years, through a 2% increase in the precept. Having tendered already for the work in August (with the intent to complete the work by December!), Saltash residents should understand that STC has already passed a resolution to go ahead with the planned works, based on only one tender for the window replacements, which will cost £102,300.00, and one tender for the internal refurbishment and café, which will cost £103,405.80. Therefore, there is little point in pretending that we are being consulted at all.

Nevertheless, I still urge residents to go online and vote NO to the refurbishment, as without proving our endorsement STC will struggle to justify obtaining a loan. This should at least limit the costs to what is absolutely necessary, keep the rise in the precept to a minimum, and protect other cafés, particularly the one at the leisure centre, from unfair competition.

The truth behind this charade is that STC took on responsibility for the library, despite the building being in a poor state of repair. The people of Saltash were not consulted on this. The tenders were advertised in the under £50,000 bracket on a Government portal and other companies invited to tender chose not to because they were not available at such short notice. STC's Services Committee has decided not to re-issue the tenders due to what it calls time constraints, however, it is not clear why this is the case if the consultation deadline is December 21st and there is no likelihood of any work being completed this side of Christmas.

Rebecca Pearce
 Concerned resident of Saltash

A New Debt Counselling Centre Set to Open in Saltash

Local church announces it will partner with award-winning charity A church congregation is so concerned with the financial hardships of their local community they have partnered with a national charity to offer debt counselling.

Members of Saltash Baptist Church wanted to better serve people living with the pressure of debt and got in touch with UK debt counselling charity Christians Against Poverty (CAP). After much fundraising, including funding from Cornwall Council's Community Chest Fund, they are now ready to offer the new, free service.

Church minister, Tim Parkman, said: "Debt stress can be so destructive. It affects family relationships, health and can be very isolating. As a compassionate community, we wanted to provide people with a route out of debt and CAP is distinct because it does that in partnership with the church.

"Sometimes people feel they have made mistakes but very often they have been driven into debt by suffering from job loss, relationship breakdown or coping with illness in the family or a bereavement – situations that are often difficult, emotional and have a financial impact.

"We are now in the process of putting a dedicated Debt Centre Manager and key members of our church through training with CAP to offer a tried-and-tested professional service which will see people escape that debt trap and get their lives back on track."

CAP has around 300 church-based debt help centres across the UK offering a free service.

The face-to-face CAP Debt Help service has been adapted to adhere to Government social distancing guidance to ensure the safety of staff and clients.

TV's Money Saving Expert Martin Lewis has described CAP as "unsurpassed" in its in-depth service which encourages and supports each household to repay what they owe - or go through an insolvency - until the day they are debt free.

To make an initial

appointment, call 0800 328 0006. The call and the debt help service are all completely free.

About Our 'Letters To The Editor'

We have always welcomed correspondence throughout the 28 years we have been bringing you your lively, local, independent newspaper. We have sought to publish letters as we say on our banner 'without fear or favour', provided that they comply with the law, are not libellous or unnecessarily abusive. Letters are limited to around 200 words, as we have often stated.

Over the past nine months, we have been overwhelmed with information relating to the ongoing Covid situation. We have had to print this in order to ensure that the Observer brings to every home an update on how Saltash is affected by the changing situation.

This has limited the amount of non-Covid material we can print, including correspondence. Some of the letters we have received are certainly worthy of printing, but we have had to put them aside until space permits.

Please note that if your letter is not printed in the 'Observer' sending us threatening, aggressive or abusive correspondence or emails will not help you see it in print. We do not respond to this kind of behaviour. We are of course prepared to communicate providing you offer us the common courtesy that we try to extend to you.

We will continue as ever to accept correspondence from anybody with a point to make and to print letters on controversial issues whatever the point of view, with the provisos given above.

We hope over the next few months to find space for some of the correspondence that we have put aside and will print what we can, provided it is still relevant.

SHERYLL MURRAY MP WRITES...



Last month the Government gave the news that we were all locking down again. This is not a decision that the Government wanted to take but unfortunately the figures across the country where growing at a rate where we needed to do something to get the infection rate under control. It is massively important that we protect the NHS as we did earlier in the year. If we do nothing then our hospitals will become overwhelmed and we will be left with what the Prime Minister called "a medical and moral disaster". It would leave doctors and nurses in the terrible situation where they have to decide who to treat and who dies.

It has been well known that the rate of coronavirus has been low in Cornwall. We have been very lucky. Unfortunately that is now changing and the rate of increase in Cornwall is high and as I understand it, the doubling rate of infection is every 7 days. That is why we must act here as well especially in an area where so many people cross the Tamar every day. We must also remember in Cornwall that we have a higher age demographic than many other areas and that this is a disease which discriminates against the old.

I also think this is the right time for Cornwall to take action. We are heavily reliant on our tourist trade which is seasonal. I did not want any more disruption to this years season and I would rather lock down now to get the figures under control before the Christmas period. I really hope that we can all work together to get the virus under control in November.

It is with this in mind that I ask for everyone's help. The full guidance is on the .gov.uk website. Everyone can help to stop the spread of the virus by remembering to wash their hands, cover their face and

make space. But we do need to go further which will mean that some shops will have to close, we will not be able to travel as we would want to and that we will not be able to go out to enjoy the fabulous food and drink that we have in the South West. We can of course stay in and enjoy the fabulous food and drink of the South West and I would encourage you to buy local produce where you can. If anyone has a particular question not covered by the guidance please email me at sheryll@sheryllmurray.com or ring my office on 01579 344428.

Remembrance Sunday was different this year. I did feel that it was incredibly important that we mark Remembrance Day to commemorate those who have served so bravely. I laid a wreath in Looe, Callington and my home village of Millbrook on the Saturday before on my own. I was able to lay a wreath on the day in Torpoint at an event which was broadcast. It was very socially distanced and very limited. I would like to thank Father Michael Brown for leading this poignant occasion and Cllr John Tivnan for all his organisation. I would also like to thank Cllr Tim Hughes for laying my wreath in Lostwithiel, Cllr Nick Craker for laying in Liskeard, Cllr Sheila Lennox Boyd for representing me in Saltash and to Cllr Phil Seeva for placing my parliamentary wreath in Menheniot.

Lastly I would like to thank Laurence Reed. He was the BBC's longest-running radio phone-in presenter who broadcasted his final programme. He worked for the BBC for 32 years and presented the programme for 25 years. I have spoken on his show many times both before and as an MP. I would like to wish him the very best for the future.

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Landlords Urged to Seek Help if Rents Dry-Up

Citizens Advice Cornwall is urging landlords to seek help if their own homes and finances are at risk because of tenants' non-payments of rents during the coronavirus restrictions. The lockdown restrictions have meant many tenants have been unable to afford their full rents, while the Government has banned landlords from evicting tenants, except for limited cases of anti-social behaviour.

While major landlords with multiple properties, housing associations and local authorities have been able to weather the reduced income, concern is growing for landlords who have just one or two properties and now find themselves in

financial difficulties.

Citizens Advice Cornwall Debt and Advice Supervisor, Andrew Berry, said:

"Just like their tenants, some landlords are also facing difficulties navigating the choppy financial waters caused by coronavirus

lockdowns.

"This is especially the case for small landlords who rely on rents for a large part of their income, or have a buy to let/rent mortgage on their tenants' property as the mortgage holiday scheme ended last month.

"We want to work with landlords as well as tenants, to ensure there is still a good stock of housing available for rent in Cornwall. It's in no-one's interest for good landlords to be driven out of business because of lockdown which is out of their control."

Citizens Advice has a team of dedicated advisers who may be able to help landlords and tenants find a solution before eviction notices are served.

Members of the public can contact Citizens Advice by texting the word ADVICE to 78866 and they will be called back by an adviser within 48 hours (excluding weekends).

Latchbrook Valley



The woods and grassland surrounding Latchbrook Leat are well known to walkers - with or without a dog. The area is managed by Cormac on behalf of Cornwall Council, and they have recently had more time and resources to give this wildlife habitat the attention it deserves.

Cormac's Countryside Ranger Jenny Heskett and Community Partnership Officer Rebecca Dickson working together with Saltash Environmental Action (SEA) have organised several working parties with the aim of improving the habitat for wildlife. Cormac staff and contractors together with volunteers from other Cormac projects and from SEA have raked and mown the grass, cleared brambles, and planted bulbs, plug plants and seed. The hope is to reinvigorate the wildflower meadow, giving Nature the chance to spread the seed to everyone's delight over the coming years - a pleasure for humans and a home for our wildlife neighbours, especially bees and butterflies.

Working parties have also started tackling the problem of the overgrown woodland, which has not been managed for at least a score years and is dark and damp. These conditions provide a very limited range of habitat for wildlife so the first task is to coppice the hazel to open up sunlit glades - the story goes that it might get light enough for the fairies to settle there once again.

Cormac and SEA are

setting up a 'Friends' group to liaise on further work at Latchbrook, and residents who enjoy working outside, whether skilled or not, are welcome to volunteer. Email volunteers@cormacltd.co.uk or wildlife@seasaltash.org.uk

Adrian White

Conundrum Corner

Taking the initial letter to the one-word answers to the following ten questions can you re-arrange them to make a Cornish place name?

- 1 Which Shakespearean tragedy is about the Moor of Venice? (7)
- 2 What is the name of the Overture written by Mendelssohn after he had visited Scotland in 1829? (8)
- 3 In the Paddington books which Aunt sends the little Bear to London with a note saying "Please look after this Bear"? (4)
- 4 What colour flowers does the Ragwort bear? (6)
- 5 The famous Scottish Street known as the Royal Mile is in which City? (8)
- 6 What name is given to the small immature fruits of the Cucumber used for Pickling? (8)
- 7 What name is given to the art or process of forming decorative designs with hand or machine needlework? (10)
- 8 How many years were there between the Coronations of George 111 and George IV? (5)
- 9 Which of the Channel Islands is closest to mainland France? (8)
- 10 The shortest verse in the Bible is "Jesus Wept" - over whom was He weeping? (7)?

Answers on Page 8

Merchant Navy Award for Forder Captain



A retired merchant seaman who now lives by the water in Forder has been nominated to receive the prestigious Merchant Navy Medal. Only twenty a year have been received this honour since the Award was initiated in 2015, so only 100 people have been honoured in this way to date.

Captain Colin Brown's seafaring career dates back to 1957 when he started to sail the world with the British Commonwealth Shipping Company. He came ashore as Master Mariner in 1971 to join the faculty of the Institute of Marine Studies in Plymouth, and held a variety of academic and consultant positions worldwide, between returns to sea. He was a founder member of the

Nautical Institute and became a trustee for the Plymouth Merchant Navy Monument, which was dedicated by HRH Princess Anne in 2019.

He anticipates meeting HRH Princess Anne again as she will be presenting the twenty annual awards at Trinity House. The event, postponed from this November, is planned to take place next June.

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Tamar Reflections

The life that I have

Is all that I have

And the life that I have

Is yours

The love that I have

Of the life that I have

Is yours and yours and yours. ...

These are the first two verses of Leo Marks' poem code written for Violette Szabo during WWII, when she was based in France as a Special Operations Executive agent on behalf of Winston Churchill and the British Government.

I chose this poem to lead me into the story of the green pastures of Churchtown Farm Nature Reserve once again, for there is so much to tell, and the final two verses may leave readers with wonderment and an appreciation of what is our privileged heritage.

I have already discussed the wild splendour of this remarkable Reserve, but this time I would like to give a little of the history of the fields, taken in part from the late Colin Squires' contribution.

In Cornwall, the name 'Churchtown' (or 'Treneglos' in Cornish) is traditionally applied to a place where a parish church is situated, a term that stems from Celtic origins.

Within each rural parish was a 'glebe', a piece of land that provided income for the local parson. The parish of St. Stephens in Saltash dates back to the 15th century, and for centuries the glebe in St Stephens was divided into

several small tenements, whose names derived from the surnames of families that tenanted them.

There is a long history of land and manor transfers, which this space does not allow me to go into. Here is a short selection of names:

Chall Park - 'Chall' was the Cornish dialect word for a cow house.

Wearde Park and Sand Acre Meadow - these names arose simply because they were fields on Churchtown tenements and were near Wearde Farm and Sand Acre Bay.

Point Field - the 'point' referred to is Passage Point at the mouth of Forder Creek.

Wearde Well - the field's name exists in 1613 as Wearde Will Parke, and in 1739 as Wardwell, 'Ward' being one of the old forms of Wearde. The field takes its name from a nearby spring.

My husband, John, and I have walked many of these fields. Violette Szabo longed to walk such magnificent green fields, but sadly, aged just 23 years old, she was executed in 1945 at Ravensbrück concentration camp as a British spy. However, I shall always associate Marks' cipher written for Violette with the stunning green pastures of Saltash:

A sleep I shall have

A rest I shall have

Yet death will be but a pause

For the peace of my years

In the long green grass

Will be yours and yours and yours.

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Walking Paths Can Bring Health and Happiness in Covid Era

A campaign to encourage more walkers out to explore and enjoy the splendid network of footpaths and bridleways so close to Saltash has been launched by three local residents, including Cornwall Councillor Sheila Lennox-Boyd.

"During the earlier lockdown in Spring I became aware of the increasing numbers of walkers out and about, in particular walking the public right of way that passes my home," said Sheila. As the need for people to exercise in the fresh air while remaining close to home became increasingly evident, she decided to walk all the footpaths herself and seek to ensure they are all easily discoverable and in good condition. There are 49 paths registered as public rights of way within Saltash parish, though some have been built over during past decades and others have become blocked or impassable.

Sheila enlisted the help of former Town Councillor Peter Clements and Saltash Observer reporter Martin Lister, both keen walkers, and together the three of them have been walking all of the paths that are still walkable. They have been making notes of any problems such as broken stiles, missing signs, protruding undergrowth and misleading signs regarding danger from non-existent bulbs.

They had neared completion just before the November lockdown limited walking with members of other households, and are now continuing walking individually to check out the remaining paths.

Once this has been completed Sheila intends to ensure that Cornwall Council, which has the responsibility for maintaining all rights of way, takes action to bring the footpaths up to standard. She has already been in contact with Cornwall Council officers who are anticipating the report.

There are six leaflets describing circular walks within Saltash, as well as the route followed on past 'Beating of the Bounds' walks around the edge of the rural parish, prepared by Peter Clements with help from Martin Lister. The two gentlemen have been working on updating the information in the leaflets to incorporate any changes since they were last revised in 2011. It is intended that the updated leaflets will encourage a new generation of walkers to discover the wealth

Red Bus is Back

For those who have spent much of this year confined to their own homes Saltash and District Age Concern can offer opportunities to get out and about in their Covid-friendly red bus. A range of shopping visits and social event trips are being organised with passenger numbers limited under current conditions and buses carefully cleaned. Face coverings are compulsory.

Although the November lockdown has caused a cessation of the social excursions the shopping trips continue to run, with plans to restore the full programme as soon as was permitted.

Regular Friday visits to local Saltash supermarkets have proved popular, with lunch after at the Garden Centre making a pleasant social occasion. Age Concern are also trialling shopper buses to the Plymouth supermarkets for a lunchtime visit, giving the chance to shop, have coffee or lunch, maybe

of beautiful countryside we have so close to the town centre and how easily it can be discovered on our local rights of way. The updated leaflets will be distributed in venues such as the Guildhall, the Library and the Community Shop at 4 Fore Street. In addition, the walk leaflets can be accessed online through the Saltash Town Council website.

Sheila Lennox-Boyd also plans to place some leaflets by the popular footpath that passes her home as well as to add a bench and dog water facilities for those wishing to pause and enjoy the peace that prevails so near to our busy town centre.

meet friends and return to Saltash. The initial plan is to run the buses free of charge in return for passengers' comments. If there is favourable support, Cornwall Council could be asked to register the routes and then concessionary bus passes could be used.

For more information or to book one of the limited seats please call Mike on 07905 795256 or Yvonne on 961121.

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Awards Won by Museum

Team Despite Current Closure

Two prestigious awards won by Saltash Heritage show that although the Museum which they proudly curate has been forced to close during this Covid pandemic, the eager volunteers remain busy and keen to welcome back visitors as soon as possible.

The Saltash Heritage Museum could not be run without its 65 volunteers, and it was a scheme to celebrate their teamwork that won the Museum the Award for 'The Well Museum'. In a ceremony conducted using Zoom and hosted by Radio Cornwall's Daphne Skinnard the Cornwall Museum Partnership praised Saltash for their jigsaw initiative.

The volunteers had each been given a piece of a picture of an award they had previously won in the shape of a jigsaw piece to symbolise how the volunteers all fit together as a team. At this year's post-Christmas stewards' party all of the pieces had to be fitted together to show the need for each and every team member. Following lunch and entertainment, the volunteers each received a souvenir silver jigsaw piece to attach to their lanyard. It was the inventiveness of this project that emphasised the team spirit keeping the Museum volunteers and committee members happy and

enthusiastic that resulted in the Award, which includes a financial boost to Heritage funds.

Saltash Heritage were also commended in the category 'One to Watch' for their work encouraging young volunteers aged under 25. One such volunteer, Rob, has been attending the Museum each week to photograph, log and scan the thousands of items in the collection. He has also been photographing the changing face of Fore Street for future generations to study.

Saltash Heritage Museum's exhibition on 'War and Peace - the 1940's' was ready for an intended opening at Easter 2020. It is hoped to open in 2021 to mark the 80th anniversary of the devastating Saltash blitz.

Saltash U3A still 'Lives, Laughs and Learns' during Lockdown



The U3A movement is non-religious and non-political and members form interest groups covering as wide a range of topics and activities as they desire; by the members, for the members. It is open to all in their third age, this not being defined by a particular age, but by a period in life in which full time employment has ceased.

Saltash U3A currently has over 300 members, not all of whom live in Saltash. Normally, there would be a monthly meeting, held at the Saltash Wesley Methodist Church and this would involve a different visiting guest speaker who would provide a presentation on an interesting topic. Attendance by members is purely voluntary.

There is an annual membership fee which permits the members a choice of joining one or several of over 30 groups, each meeting on a regular basis at various venues, sharing their interests in topics that include Books, Creative Writing, French and Spanish language, Gardening, Stitch-craft, Table Tennis, Ukelele and several Walking groups.

So, how have they managed to meet in these challenging times that COVID 19 has presented us with?

Adhering to the current government guidance, some groups have been able to meet more easily than others, e.g. the walking groups. Some of the 'indoor' groups have adapted and continued to meet outdoors, e.g. the Book, Photography and the Ukelele group. The latter have been meeting regularly in Longstone Park and the Table Tennis group have recently copied their idea of using the park, albeit with limited equipment. The latest group to plan outdoor meetings will be the Tai Chi group.

The modern media has been a lifeline to most of the population and the U3A has been no exception.

Facebook have a page for it's U3A members U3A: Keeping In Touch'.

"Zoom' meetings have been utilised for the Saltash U3A committee meetings and for some of the group meetings, including the Film and the Photography group. Members have also utilised 'Zoom' to 'attend' a session named 'Tea at Three', where topics have been discussed that included, 'the most beautiful place that I have seen'. Unsurprisingly, our own South West Coast Path was mentioned by more than one member.

New members are always welcome and in these exceptional times of personal challenge, the Saltash U3A continue to provide an invaluable source of promoting physical and psychological well-being, through learning new skills, meeting new people and making new friends, even in these current and changing restrictions.

Community Gallery

There's a new attraction on the Waterside. A redundant glazed frame on the wall, and courtesy of Livewire, (beside the Brunel mural) is available to showcase locals' pictures to passersby. Provided they don't offend, any subject is acceptable, local interest or otherwise. To arrange, simply call Ian 01752 659958 or Andy (Livewire) 01752 843570.

If this works, there's enough wall to perhaps accommodate a second frame, so please get snapping! The first pictures are already on view.



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